Prom Proposals Signal Prom Craziness
by Mary Kostiuk ’13
Features Editor

Thanks to the now-defunct MTV series Laguna Beach: The Real Orange County, the process of asking a date to the prom has gotten a lot more difficult in recent years for the young men of Cinnaminson High School. Well-planned, sometimes theatrical and often remarkable proposals to the prom are running rampant among the young men of today.

According to a “Frum Forum” article from May 2011, one Virginia teenager recruited the assistance of Representative Gerry Connolly in order to “pop the question in an address to his senior class.” Some teens have created posters, signs, and banners that advertise their suggestion to a particular woman about a prom date. According to an AP article in April 2009, one California teen even asked a girl to the prom with a sign pulled by a plane while she was on the beach.

Other teens have turned to less dramatic, but still carefully staged proposals through websites such as YouTube. Regardless of the manner, the differences in the drama surrounding the asking of a date to the prom have ramped up incredibly in the last decade.

And who do we have to thank for that? According to the AP article from April 2009, Laguna Beach is the culprit. “On the show, male students came up with innovative invitations, including a guy who set up a kiddie pool at a girl’s home with a note that said, ‘Of all the fish in the sea, will you go to prom with me?’”

While the television series only lit the fire during the second season in 2005, it is these trends that have taken this trend to new heights. At Cinnaminson High School, some girls think it is a nice gesture for a guy to do something like this. “I think it is thoughtful and shows that you care,” Junior Taylor Fowles said.

Junior Sara Knowles agreed, “I think it is nice if a guy comes to your house with something prepared, it is just nice.”

However, some guys don’t necessarily agree with this recent trend among teens.

“(The prom proposals) aren’t really necessary, like writing “prom” with a question mark on your car,” junior Christian Cosgrove continued. “I think it’s dorky… and if she says no, you look like an idiot.”

At CHS, some young men have resorted to lavish ways to woo their choice woman to the prom in the last two years – from asking under the fireworks at Disney World, to a well-choreographed question at the end of Mr. Hart’s “Party Rock” dance, to breaking the ice to find a question, to a scavenger hunt that ended in asking the date a question. However, the prom proposals have become so extravagant there is almost like a competition to see who can have the most extravagant prom proposal.

Although the prom is a highly anticipated event each year, it is important to note that it is only a four-hour dance. With that in mind, public humiliation or embarrassment may be involved if a prom proposal ends with a rejection, especially if done in public.

However lavish the proposals have become, it might be more indicative of the national trend in going “over-the-top” when it comes to proms in general. According to a Visa survey that was made part of a press release, prom spending has surged 33.6% in the last year to an average of $1,078 per student of teens.

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Workshop Takes Two to Real Boot Camp
by Colleen Palladino ’12
Staff Writer

As the marines start to recruit, they use boot camp as an educational lesson for teachers who are sending students into the military. Cinnaminson’s own Mrs. Luaces and Mrs. Iannuzzi ventured to South Carolina for four days of genuine Marine Corps boot camp training from February 28th through March 2nd.

This program is an educator’s workshop to show the life of a real recruit during their thirteen week training. Although the teachers had an abbreviated training, it was just as grueling as the traditional one. “It was the best workshop I have ever been to in all of my years teaching,” Mrs. Luaces remarked.

On the first day, the two teachers were picked up and taken to the airport for their departure to Beaufort, South Carolina. When they arrived on the first day it was just basically a breakdown of what would be in store for them for the rest of their trip.

On day two, they woke up at the crack of dawn just like real recruits and were introduced to Parris Island with the “Yellow Footprints Drill.” They had the privilege of meeting real recruits with aspirations of becoming Marines after those demanding 13 weeks of boot camp.

Then they went through an indoor simulated training before shooting an actual M16A2 service rifle on a real shooting range.
Prom is Highly Secretive in James Bond Fashion

by Gulden Memis ‘13
Staff Writer

As dresses are being bought, dates are being arranged, and shore houses are being booked, it must mean prom season is approaching. And every year the same question holds true: how will this year’s prom be different from proms in the past?

This year, CHS will hold its prom at the Cherry Hill Crowne Plaza on Thursday, May 31st, 2012.

Like in years past, the junior class is planning this year’s prom. The theme? Spy themed, entitled: Tomorrow Never Dies Class of 2012.

The junior class prom committee is ensuring plenty of fantastic features and surprises in accordance with the theme in order to make this year’s prom a night to remember for all who attend.

Prom committee member, Sarah Ritter commented, “This year will be different because we really went all out with our theme. We’re doing certain things that haven’t been done, like with the decorations and I think it’s going to turn out really cool.”

The junior class cabinet officers including Justin Hanus, Dan Dunas, Erin Staudemayer, Abby Robinson, Sarah Ritter and the junior class advisors, Mrs. Guscott and Mrs. Carroll, have dedicated both a lot of time and effort in planning the May 31st prom. Devoting special meetings to the prom, they have been busy choosing all of the details necessary for a fun prom. Invitations, food, favors, and prom table centerpieces are such some of the various aspects that need to be planned in advance.

One big concern the junior class is not worried about, however, is the music. Often a highlight or a complaint about the prom, this year’s committee is making sure the music will satisfy everyone’s tastes.

Prom committee member Jana Callahan comments, “The DJ is definitely going to be great. He knows what gets people dancing.”

This year’s DJ, “Diamond DJ,” is also bringing a surprise element that has never been seen at any CHS prom before. Like much of the prom, this is being kept secret until the night of prom.

Another feature of this year’s prom is its close proximity. Because it is in Cherry Hill, it may only take prom guests about 20 minutes to get to the prom. However, one should check alternate roadways (Had donfield Rd, making a left at Wegman’s) in advance in order to avoid the traffic during rush hour.

As invitations are being prepared for mailing, table arrangements are being planned, and the tickets will soon go on sale, students at CHS are awaiting the night of May 31st. In less than a month, CHS students will be dancing and enjoying their night with friends as they celebrate prom 2012. Tomorrow Never Dies, Class of 2012.

Bed Tanning Leads to More Than Just Bronzed Skin

by Amanda Weiler ‘12
Editor-in-Chief

Perfect hair, perfect make-up, perfect skin…is this too much to ask for?

Prom has become one of the most anticipated events for high school students all around the country. It is a chance for girls to dress up in beautiful ball gowns and guys to appear dapper and sharp in their tuxedos.

However, as insecurities tend to arise about how one looks, so do the extremes teenagers go to achieve that perfect look for a single night.

One of the most recent trends among teenagers, especially girls, is that of tanning. More than just lying in the sun for countless hours, girls at CHS are now visiting their local tanning salons in order to attain that radiant glow for the spring and upcoming prom.

In less than a few sessions and for a low cost, girls are able to exhibit newly bronze skin without having to worry about uneven tan lines or the pain of traditional burnt skin. While some only tan for special occasions, others tan the entire year through. Why opt for pale skin when sunkissed skin can be easily achieved? After all, who doesn’t want to look like they just returned from the islands on vacation in the middle of January?

Senior Casey Hanstein enjoys tanning in the bed. Tanning about twice a week, she tans because she “likes the way it looks.”

Unfortunately, for tanning queens, their tanning accessibility may become more restricted. Just last year, California became the first state to enact a law prohibiting indoor tanning for those under the age of 18.

More recently, states such as Utah, Michigan, Arizona, New York, Connecticut, Illinois, and New Jersey are considering enacting similar laws, according to the Indoor Tanning Association.

The new legislation comes after recent studies regarding the dangers of tanning beds. The ultraviolet radiation found in tanning beds is a known cause of skin cancer, including melanoma. Therefore, one might be paying a small fee for tan skin now, but ultimately may be facing the consequences of skin cancer later in life. Equally unsettling is the idea that tanning has become an addictive habit for many teenagers according to an article found in the South Bend Tribune titled “As prom season approaches, debate heats up over the safety of tanning beds for minors.”

Senior Shannon Stefanelli tans only before special occasions, such as before prom and senior trip. Although she is not a tanning addict, she feels it is okay to sometimes tan. “I say it’s okay sometimes, but not all the time. It’s not healthy for your skin.”

While the desire to have tan skin may still appeal to some, there are other options for maintaining the perfect coloring. One solution is the use of sunless tanning creams and sprays. These products contain dihydroxyacetone, a sugar compound approved by the Food and Drug Administration that reacts with proteins in the outermost layer of dead skin cells in order to produce a brownish tint.

Another alternative is spray tanning. Although there is still research being done on this type of tanning, doctors are confident that it is safer than the traditional tanning bed because it is not associated with the harmful ultraviolet rays. However, there are concerns about the safety of dihydroxyacetone around the eyes, nose, and mouth. Additionally, doctors are testing whether or not the compound is safe for inhalation, ingestion, or absorption into the bloodstream.

The most practical and safest way to protect the body and one’s skin is to avoid tanning altogether and practice safe sun exposure. After all, appearing as a bronze goddess today will not stop you from looking like a raisin in the future.
Teens Still Continuing to Ignore Dangers of Tanning

by Becky Bratu
MSNBC.com (reprinted with permission)

With prom still about a month away, Mary Eckert has already found the perfect yellow floor-length dress, but she says she’s behind on her tanning schedule.

“Girls already started, it’s crazy,” Eckert, a junior at a high school in Manheim, Pa., told msnbc.com.

She plans to start tanning next week by spending 12 minutes on a tanning bed every other day or so. Her yellow dress will look better on tanned skin, Eckert said.

“I think people just look better when they’re tan,” she added.

The prom and tanning go hand-in-hand, but the practice has come under renewed scrutiny after a recent study published in the journal Mayo Clinic Proceedings found the incidence of melanoma in young adults has soared, with a sixfold increase in the past 40 years. The rise is particularly noteworthy in young women ages 18 to 39, where the incidence of melanoma increased eightfold from 1970 to 2009, and fourfold in young men.

“The number one thing – stop going to tanning beds,” dermatologist Dr. Jerry Brewer, one of the study’s authors, told NBC News. “All correlations point toward that as the reason for this increase.”

In a statement released last week, the Indoor Tanning Association called the study “a leap of pure speculation.”

“There is no consensus among researchers regarding the relationship between melanoma skin cancer and UV exposure either from the sun or a sunbed,” the association said.

While the dress remains the pièce de résistance of prom night, hairstyle, makeup and glowing skin are seen as essentials to complete a perfect look for a very special night.

‘Everybody's going to do it’

Tanning sessions are not cheap, but salons offer student specials, 2-for-1 offers or package deals. Eckert pays $27 for a monthly membership that allows her to go daily, if she chooses. She said she pays for it herself from the money she earns working at a grocery store.

“I know that everybody’s going to do it for prom,” she said, including some boys.

Eckert says she’s aware of some health risks that come with tanning, but “I just do not think about that because it makes me nervous.”

If her skin gets burned, she said, she puts on aloe or lotion. “Even if I burn, when I peel I get dark,” she added.

Ann Hinrichs says her turquoise dress will look great on her natural skin color.

People get pressured into tanning because so many teens do it, Ann Hinrichs, a junior at a high school in Fridley, Minn., told msnbc.com. She says she’s never tanned indoors because skin cancer runs in her family, and added that she doesn’t understand the appeal. Some girls, she said, just end up looking orange.

“It just doesn’t look natural,” Hinrichs said.

There have been efforts in several states to limit indoor tanning for minors. Minnesota introduced a special tax on tanning and last year California enacted a law prohibiting those under 18 from indoor tanning. Illinois, Utah, Michigan, Arizona, New Jersey, New York and Connecticut are considering similar bans.

For many teens, however, tanning is a way of life, not just another step in preparation for prom. Eckert said she’s had her salon membership for about three months, though she doesn’t plan on going often after prom. In the summer, she, tans on the beach every day.

“When I tan, it makes me feel better, you know?” she said.

For her part, Hinrichs says her turquoise dress will look great on her natural skin color.

“One night shouldn’t completely change the way I look,” she added.

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Prom Climate Changes

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Those attending the prom. In the northeast alone, families are spending an average of $1,944 on the prom when it comes to the annual dance for juniors and seniors in high school.

Jana Callaghan, a CHS junior, says that it is hard for a girl to get ready for the prom for less than $1000.

“There are a lot of things to go with prom that cost so much money. You are going to spend at least $800 for your bare necessities,” she said.

And Cassie Leibfried, also a junior, feels that prom costs are part of the actual event.

“If you don’t do all of that spending, you might be a dork at the prom,” Cassie said.

While the cost of prom has exorbitantly risen, there are ways to reduce the financial burden. For example, one can save themselves the costs of renting a limousine by asking a relative to drive instead.

Prom Climate Changes

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Hello Beautiful
Hair & Beauty Salon

Come Visit and Allow Us to Take Care of All Your Needs for This Year’s Prom

4000 Route 130 North Heritage Square Plaza Suite #22 Delran, NJ 08075 Tel: 856-393-8945 Fax: 856-393-8947 Email - ibo-lady@hotmail.com

Prom Climate Changes

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Prom Climate Changes

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PARKER’S FLOWER SHOP

Free boutonniere with purchase of a corsage or handtied bouquet or 20% off just a boutonniere

With this ad 856-829-0440 602 Parry Ave. Palmyra, NJ

IF YOU DON’T DO ALL OF THAT SPENDING, YOU MIGHT BE A DORK AT THE PROM.” CASSIE SAID.

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Once Again, CHS Comes Together for Pride Day

by Amanda Weiler ’12
Editor-In-Chief

Cinnaminson High School Principal Mrs. Llewellyn had a simple message for the staff and students of Cinnaminson High School on Wednesday, April 4, 2012: “Have a great day!”

On this day, CHS celebrated its second Pride Day, an event that could become a yearly tradition at CHS. Originally developed last year as a way to increase school morale after several troubling events shook CHS, this year’s Pride Day focused on the idea of “celebrating accomplishments and having fun.”

“The biggest difference is that last year we were in a different place mentally. This year, it’s a celebration of all the hard work we do as a district. Plus, it’s a good, positive feeling going into (spring) break,” commented Pride Day Co-Organizer Mr. Beirao.

Preparations for this year’s event began nearly two months prior to the day. The Pride Day’s Organizing Committee put in many hours of hard work and determination that culminated in a day of great fun for everyone involved.

New to Cinnaminson, both Bottom Dollar and Jersey Mike’s donated money to the day’s events, allowing for new features, including a dunk tank, blow-up obstacle course, and a photo booth.

For the second year in a row, the weather was nearly perfect as the temperature reached 70° after an overcast start to the day and the sun even allowed some to experience early sunburn. Students were encouraged to wear their respective class colors and prepare for day of bonding with the high school community.

“It’s about taking time to bond as a class and outside, the stations had a wide variety of activities for students to partake in. The football field featured a 45-foot-long blow-up obstacle course, on which students and staff could challenge one another. Additionally, Ms. Widmann led yoga lessons to those who wanted to practice the tranquil exercise. Additionally, students were brought back to their younger days when they were able to play “gaga” again. The high jump was also available to students who were brave enough to attempt it.

The station held at the girls’ softball field featured both a DJ and a photo booth. Like the obstacle course, the photo booth was a new feature of this year’s event. Students and staff were invited to take silly pictures with friends, free of charge. Additionally, the face painting tent enabled students to have their faces decorated by the art students. This station also offered games of kickball or softball to those interested in playing.

The marching band field and the soccer field hosted various activities inclusions. Four of the stations had a wide variety of activities for students to partake in. The football field featured a 45-foot-long blow-up obstacle course, on which students and staff could challenge one another. Additionally, Ms. Widmann led yoga lessons to those who wanted to practice the tranquil exercise. Additionally, students were brought back to their younger days when they were able to play “gaga” again. The high jump was also available to students who were brave enough to attempt it.

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CHS Brings *Beauty And The Beast* to New Light

by Gulden Memis '13
Staff Writer

Every year the CHS drama club puts on a highly anticipated play. This year’s play was no different, except for the fact that it was a Disney musical classic, *Beauty and the Beast*. From the elaborate scenes, to the difficult costumes, and the seemingly impossible voice impersonations, this play would prove to be a true challenge.

Rehearsal for the play is normally started in January, but with a play this difficult, it began earlier, in November. The casting and the start of set building was put quickly into effect. The cast consisted of: Kristen Hess and Megan Jones as Belle, Evan Fleming as the Beast, Steve Amoroso as Gaston, Tommy McGann and Harrison Ball as Lumiere, Georgie Manera and Sarah Ritter as Babette and Ian Albasi as Maurice just to name a few.

Opening night of the play, on March 16th, brought in a large crow and even had people calling in for seats ahead of time. Although expectations were high for the play, the drama club surely did not disappoint.

Senior Trip Unites Class In Unforgettable Adventure

by Deon Brown '12
Opinions Editor

It is no secret that midway through the school year, seniors’ concentration in class seems to wane. Many seniors can not wait until the day that they can finally graduate high school and move on to bigger and better things; college for example.

Next year all of us will be moving on with our lives and we no longer will be connected through high school like we were before. It was not until my classmates and I began receiving acceptance letters to various colleges did I realize how huge senior year is. Besides graduating from the same high school, we will not have much in common with each other this time next year. That is what’s great about senior trip. For the first time in years my whole grade was able to come together and actually appreciate our class as a whole.

During the end of the school year when an initial payment was due, many became skeptical as to whether going on senior trip was actually worth it. Some wondered whether it would be worth it if they had just gone to Disney World a few years ago. Others scoffed at the price. Frankly, yes, senior trip did cost a lot of money. But you get what you pay for, and the general consensus among my grade was that it was definitely worthwhile.

The thing about senior trip is that for the first time, in a long time, you are “stuck” with your grade for five full days and four nights. Once our high school careers began as freshman, everyone basically began to do their own thing. Some began to make a name for themselves on our various sports teams and clubs, some went through the years with schedules filled with honors and AP classes, and there were also some who barely went to school. Everyone became comfortable with hanging out with their own circle of friends and that circle only.

When senior Sean Murray was asked about his Disney experience he stated, “It was awesome. I never thought it would be that fun and I was able to spend time with people in my grade that I never talked to in my whole high school experience.”

What was really great about the trip was the weather. During the whole stay, it was sunny with...
Talent Show Provides Entertainment For Students and Staff
by Amanda McAneney ’14
Staff Writer

The Cinnaminson High School presented its 3rd annual Talent Show on April 3, 2012. The show was sponsored by our school’s Interact club, ran by Ms. Hennelly. The night started out with Ms. Hennelly introducing the host, or Master of Ceremonies, for the night, senior, Slade Barrett. Slade then introduced Jinhee Lee, the organizer of the show.

The proceeds raised for the night, over $1,800, will be donated to Hydraulid and the Red Cross Foundation. Hydraulid is an organization that helps to donate water filters to families that are unable to receive clean water from all around the world.

For the show that night there were a total of 15 acts, including both teachers and students. The first act was last year’s first place winners, juniors, Georgie Manera and Sarah Ritter, doing a wonderful singing duet. Many of those vocals went solo, including freshman, Charlotte Day-Smith, who did an amazing solo singing with a ukulele.Charlotte was followed by our faculty’s very own, Mrs. Schweitzer who came out dressed in a sailor’s suit, with the help of Brittany Wun on the piano. What really got the crowd going was when senior Steve Amoroso came out onto the stage with a blonde wig, coconut bra, and a grass hula skirt. The crowd laughed as Mrs. Schweitzer sang to Steve and as Steve swept Schweitzer off her feet.

After the duet, Evan Fleming on mandolin and Amapis Kobolak on piano performed two songs. The first non-vocal performance was a dance routine by Kate Forte, Jenny Jones, Jinhee Lee, Kerry Lickfield, Moriah Fleming on mandolin, Charlotte Kearns.

The highlight of the night came just before intermission, when Mr. Hart and various students and staff showed off their moves in a choreographed dance to “Party Rock Anthem” by LMFAO. Following intermission, Brandon Cole, Kevin Dunne, Justin Hanus, and Peter DelBuono performed a live rendition of “Meant to Live” by Switchfoot. Nick Minieri sang and played guitar for a solo act, as did Mr. Wilson, who covered two Coldplay songs including “The Scientist”.

The second band of the night, TreeTop Casino, comprised of Mike Atkinson, Paul Campbell, and Matt Geib played a medley of “Apartment” by Young the Giant and “Lay Me Down” by The Dirty Heads. Austin Neuman and Ashley Ungurak entertained country fans with a duet featuring a guitar. Finally, a string trio featuring Shannon Bradley, Tahanay Ford, and Juliah Smith excited the crowd with a unique rendition.

At the end of the night, Charlotte Day-Smith and the string trio split the third place prize. Matt Geib took second place as the guitar cover, and the Fleming brothers won first place with their cover and original song.

The Powder Puff Game Brings Role Reversal for Students
by Meghan Flack ’12
Staff Writer

After much success last year, the powder puff football game will continue its tradition this year on Wednesday May 2.

Last year, senior Jin Hee Lee brought back the powder puff football game because she was concerned with the tsunami relief effort and wanted to find a way for Cinnaminson High School to help.

The whole concept of powder puff football is the general idea to be reversed: boys cheer and girls play. Each grade will organize a team and three games will be played in order to determine the overall winner.

Last year the freshman did not assemble a team in time. Because of this only two games were needed in order to determine a winner. The first game was sophomore girls against junior girls and the winners would have to play the senior girls. The sophomore beat the juniors then went on to play the seniors who got to sit out the whole game and ended up winning in overtime. Everyone involved in the game had a great time playing or watching.

“Last year powder puff game was fun. I love playing football and watching the boys cheer is just an added bonus,” said senior Charlotte Kearns.

The same results are expected for this year’s powder puff game. What started out as a way to help people affected by the tsunami in Japan is now a fund raiser raised money for the MacAdams family and the Red Cross relief fund. This year’s proceeds will go to South Jersey Food Bank and Philabundance.

Jin Hee and Mr. Jenkins encourage all to come and watch, guaranteeing a great time for everyone and the satisfaction of helping people that are less fortunate.

“Last year we had a really good turn out and we expect to have a good turn out again. We will be selling concessions and the money will go towards the charities,” said Mr. Jenkins.

The cost for students will be three dollars and 55 cents for adults. So far, this new tradition has been very successful and hopefully it continues to be in the future.

Poetry Slam Gives Cinnaminson High a Day of Creativity
by Karen Staub ’12
Staff Writer

It’s that time of year again for the Poetry Slam! This year’s Poetry Slam is the eighth annual. Poetry slam is a full day event set up by Mrs. O’Hearn and the senior editors of Aamaranth, the school’s literary club. Throughout the school day, students may read their original work for an audience of peers, teachers, and faculty.

The Poetry Slam was started in 2004 and the tradition has been continued every April since then. Being National Poetry Month, April make the most sense for when the slam is held.

Queen Nur will be the Master of Ceremonies. Queen Nur is a professional storyteller and teaching artist. She tells educational and fun stories for all ages incorporating percussion and participation from the audience.

Queen Nur has performed in venues all over the country since 1993. She doesn’t just limit her performances to schools she will travel all over to conferences, hospitals, churches, libraries, and museums. She has two of her own CD’s. She has many memberships including National Association of Black Storytelling, ACES (Arts Create Excellent Schools), and more.

This will not be Queen Nur’s first visit to Cinnaminson High School. She has come earlier in the year as a part of Poetry Out Load to help students prepare for their classroom competitions. She helped the students through a variety of poetry activities to help them really learn how to recite poetry. After helping these students hone their skills, she helped as a judge for the school’s competition.

This event is being held in the CHS library on April 27*. Students are not required, but highly encouraged to write or read any works. They do not have to just recite poetry. They can read an original story that they have written. They can even sing songs that they have written.

Students will have the opportunity to view the poetry slam during their literature classes.

“We hope to have a variety this year of original poetry, song, storytelling and recitation,” says Ms. O’Hearn.

The whole point of the Poetry Slam is to allow for students to express their feelings through their work that they may not otherwise be comfortable discussing. It’s something out of their element, but could bring them much joy. There are high hopes for the Poetry Slam, hoping that participation will be high and that it is enjoyable for all students and staff. It is day that everyone is gathered around to listen to their peers perform with no strings attached, no grades, no scores, and no judges.

It is a very relaxed day when students can share their creativity with each other. However, all material must be approved by Mrs. O’Hearn prior to your performance.
Wide Variety of Menu Options Appealing at Sonic

by Mary Kostiuk '13
Features Editor

On Tuesday, March 27th Sonic opened up its doors for the first time in Cinnaminson. Sonic is a fast-food chain restaurant, but what sets it apart from the others is the uniqueness of their drive-in. A customer has three choices when you arrive to Sonic: you can go up to the restaurant itself and order, and then eat outside; the drive-thru; or the drive-in.

“It’s the bees knees,” said junior Micah Thevana-yagam.

Sonic doesn’t have the largest menu, but it has a small variety of burgers. They have six different types of burgers and then a “Bacon Cheeseburger Toaster Sandwich.” Their burgers look appealing and don’t taste too bad either. While I have heard others say that their food is greasy, which is to be expected from a fast-food chain restaurant, I felt that it was no different from any others.

They also offer five different hot dogs and a corn dog, which is something really unique to fast-food joints. The hot dogs come with a wide selection of different toppings. They offer a “Footlong Quarter Pound Coney” that comes topped with hot chili and cheese. Some other types of hot dogs they offer are the “New York Dog,” a “Chili Cheese Coney,” “Chicago Dog,” and the “All-American Dog,” all which include different toppings.

Their “Jumbo Popcorn Chicken” is just like almost any other popcorn chicken. It wasn’t bad at all, but it wasn’t anything special. Their chicken sandwich, on the other hand, was very good. You have a choice between grilled or crispy chicken. They give you a good amount of chicken and don’t over-do it with the lettuce or sauce. It’s well cooked and their chicken even looks appealing to eat and not as gross as other places.

My favorite food that I tried had to be their tater tots. You can add toppings to them or have them plain. They even offer “Sweet Potato Tots.” Overall, their tater tots weren’t too salty and they give you a decent-sized order of them. You can also choose to replace fries with them.

What I was least impressed with was their “Sonic Blasts.” I chose the Reese’s topping on mine. They didn’t really give you a lot of Reese’s, most of it is on the top underneath the not-so tasty whip cream. There were very little Reese’s throughout it, which is a huge disappointment if you’re a Reese’s fan. I didn’t feel as though their ice cream was that good either. For advertising their “Sonic Blasts” on many commercials, I would have expected a little more.

The whole “drive-in” concept is an interesting experience, especially if it is your first time going to a Sonic. It is a convenient experience, especially if it is your first time going to a Sonic. It is a convenient experience, especially if you do want to sit there and not have to get out of your car. Sometimes it is difficult for the employees to hear you if you aren’t close enough to the speaker and they have to repeatedly ask you the same question. Also, while you are trying to place an order you can hear other people placing their order, which gets a little distracting and confusing.

“It wasn’t as good as I expected,” stated junior Michele Kemmerle.

There was a lot hype surrounding the opening of Sonic and while it isn’t bad in any sense, it is not the most premium fast-food dining destination (that’s down the street called “Five Guys”) and maybe the expectations were a little high. The one thing they don’t tell you on that Sonic menu, is how many calories and grams of fat their food actually has. A “SuperSONIC Bacon Double Cheeseburger with mayonnaise has 1280 calories and 92 grams of fat. A large “Sonic Blast” with M&M’s has 1800 calo...
The Three Stooges Gives An Unexpected Surprise
by Sean Gallagher '14
Staff Writer

Since I was very young, I've been a fan of the classic Three Stooges shorts. When I saw the trailer for the 2012 film version of The Three Stooges, I was appalled. The trailer showed non-stop slapstick comedy and featured the cast of Jersey Shore.

The directors of the film, the Farrelly brothers, are famous for their R-rated comedies, specifically There's Something About Mary. Having seen The Three Stooges, it is clear that the Farrelly brothers have toned down their R-rated sensibilities and have made a PG-rated family film.

My expectations going into the movie were extremely low. I expected this to be another Jack and Jill, a cinematic abomination of a cinematic abomination of a cinematic abomination. The movie ended up being not nearly as terrible as I assumed it would be after watching the trailer. The film is far from being great, but the actors playing the stooges are excellent. They capture the voice, mannerisms, and attitude of the stooges perfectly. Certain recreations of the classic stooges' gags and stunts are so brilliantly put together that they almost seem straight out of the old stooges films. The movie also nails the bad puns and corny humor of the stooges as well as the slapstick.

Now for the bad: The movie starts out very badly with three young actors playing the stooges as kids and it seems to be the level of talent you would expect from an elementary school play. The movie also occasionally slips into cheesy sentimentality that simply does not work for this style of light comedy. The plot is thin, but the plot of a three stooges movie does not have to be complex.

The movie presents three “episodes” in the style of the classic stooges shorts and each one is about 30 minutes long. These vignettes are somewhat connected over the course of the movie. The plot is pretty basic: the stooges have to get money for an orphanage that they grew up in that is now closing. Over the course of the movie, the stooges engage in some extremely violent slapstick (at one point it looks like Moe is going to cut Curly in half with a chainsaw) and get caught up in a murder plot. The movie is basically a live-action cartoon, which is actually perfect for a Three Stooges movie.

For something that I was dreading going to see, The Three Stooges was pleasant and actually had a few moments. As painful as the first fifteen minutes or so were, I was at least entertained by Larry David playing a nun named Sister Mary Mengele (a Nazi joke in a kids’ movie!) who makes no secret to hating the stooges. The actors playing the stooges do an excellent job of capturing the look, sound, and feel of the original stooges without just doing impressions. Overall, the movie is hardly perfect, but it was a much less painful experience than I anticipated.

Sociology Classes Explores Roles of Technology
by Mike Atkinson '12
Assistant Editor-In-Chief

There once was a time when “Google” wasn’t a verb. “Tech addiction” was an alien term. Even “text message” had not yet become a verb. A “friend request” was an alien term. Even “tech addicted” column, a “social networking site for teens” is much like the rest of our technology-obsessed world, as Mrs. Schweitzer and her class explored in a project.
**Staff Editorial**

Around this time every year, everyone is getting ready for prom in one way or another. They are buying dresses, paying for limos, and putting in payments for their shore houses. Prom is a huge deal for many high school students. Prom may only be four hours long, but for many students the fun is stretched out for the entire weekend. This weekend is known as all as Prom Weekend.

It has become very common for prom-goers to drive down to the Jersey shore and spend the weekend there. This is not just a fad in Cinnaminson; there are students in school all around New Jersey and Philadelphia who head down to the shore after prom. The most popular shore that everyone seems to stay at is Wildwood, which definitely does not have the best beaches in New Jersey, but it has a pretty good boardwalk and it is a popular for teens.

What’s great about prom weekend is that it allows people to make prom a much better experience. Sure, prom is a very fun night, but nothing beats driving down to the shore with your friends and enjoying the beach. The school year is almost over and it’s great to get a preview of what summer has in store.

While going to the beach with your friends after prom is great, there are also some instances where it can get out of hand. It is basically how you and your friends decide to have fun at the shore. There are some who just use Wildwood to enjoy the beach and the boardwalk, and there are others who think of it as a no-parent free for all. For them, being away from home and school is an excuse to do whatever they want. Everyone likes to have fun, just don’t take it too far. Getting kicked out of your motel and having police intervention just is not funny. The same goes for prom houses that people are staying at. You should put a lot of effort into keeping the house or condo as clean as it was when you first arrived. So much money goes into these places and it would be a huge waste of money to break furniture or get evicted for causing disturbances. Try to preserve the integrity of our class and school and make sure that we don’t ruin it for all of the future prom weekenders of CHS.

Also, seniors should stop getting ridiculous tattoos while they are out on the boardwalk. Stop and think for just one minute, one hour or one day - a tattoo is going to be on your body for the rest of your life, so don’t put too much trust in a Wildwood boardwalk tattoo artist.

That tattoo of your last name on your leg, or something obscene or your buddy’s name somewhere on your body may seem cool one night, but I doubt it will be the next day you wake up, along with a list of other regrets. If someone really wants to get a tattoo, they should spend time looking for a reputable artist and putting time and thought into the ink.

The truth is most of you will be eighteen years old and will be adults this year at prom weekend. Don’t waste your money, don’t get arrested and don’t do anything stupid. There’s nothing wrong with having fun, and that is a big part of prom weekend, but there are ways to do that without getting reckless.

**The Senior Trip Gives Students Memories for Life**

Temperatures in the mid to upper 80s. Many people took advantage of the weather and went to Disney’s two water parks: Blizzard Beach and Typhoon Lagoon. Others decided to relax at the hotel pool after a long day at the parks. There is nothing better than leaving the cold weather in Florida.

New Jersey is in favor of the hot sun and palm trees in Florida.

My only gripe about Disney World is the lack of thrilling roller coasters. Of course there is Rock ‘n’ Roller coaster, Space Mountain, and Test Track, but for the average thrill seeker that is not enough. Disney is all about themes and depending on the person, which can be either bad or good.

Let’s take Magic Kingdom for example. Magic Kingdom is the only place that encompasses everything you can think about Disney in one park. There are Disney characters walking around, parades going on all the time, and it features Cinderella’s castle right in the center. With all the strollers, it’s definitely not the best park for eighteen year olds.

One theme that was very cool was that at the Animal Kingdom. Throughout it, it is like you are in an enormous zoo that is filled with rides. Seeing all the animals in the safari is an experience not to be missed and neither is the whole park’s naturist atmosphere.

The amount of fun experiences that is to be had on senior trip is limitless. There is no other time where you can forget about everything at home and just enjoy yourself with your classmates in an environment far away from school. I can honestly say that it was the best time of my life.

**Boot Camp Gives New Insight**

Marine museums to get a better understanding of the history behind these brave men and women. Then they got the brief down on “The Crucible,” a 54 hour training simulations required to do. At the end, they went through Marine Corps martial arts program with a hand-to-hand combat training with a real Marine instructor.

Finally on their fourth and final day they enjoyed the MCRD Parris Island Band play morning colors. Then they watched the graduation of the real recruits as they became Marines.

“I have a much greater appreciation for the military and coming back and being able to inform our students about careers in the military,” Mrs. Luaces commented. As they came back from one of the most meaningful experience of their lives, they now understand the troubles and struggles of real Marine recruits.

**The Ship’s Log**

2011-2012 Editorial Staff

Editor-in-Chief: Amanda Weiler ’12
Assistant Editor-in-Chief: Michael Atkinson ’12
Features Editor: Mary Kostuk ’13
Opinions Editor: Deon Brown ’12
Sports Editor: Justin Redziniak ’12
Advisor: Mr. Kind

The Ship’s Log, the Cinnaminson High School newspaper, is designed to function as a voice for the school community. Its objectives are:

1. To give a full account of current ideas, events, and problems affecting CHS.
2. To present a truthful, comprehensive, and intelligent account of the school’s events in a context that gives them meaning.
3. To project a representative picture of the groups that make up the school.

The Ship’s Log reserves the right to edit letters for length and to reject letters if they are libelous or do not conform to standards of good taste. The Ship’s Log cannot guarantee publication of all letters it receives. All letters received become the property of The Ship’s Log.

Opinions expressed in letters or guest editorials do not necessarily reflect the opinion of The Ship’s Log. All letters and guest editorials should be submitted to Mr. Kind’s email at kind@cinnaminson.com or to his mailbox in the main office, or even to an English teacher who will submit them to Mr. Kind.

Many thanks to Mr. lacono for his assistance with many photos and timely support to the editors and staff.
Pirates Aim to Stay Competitive in Spite of Injuries

by Sean Gallagher '14
Staff Writer

After the loss of junior all-around junior star Amais Kobolak to a devastating knee injury at the end of the winter track season, some might think that the girls would have to revise their overall goals for the season. However, those people would be dead wrong. After three straight years of undefeated dual meets, the girls might have to scratch and claw their way to their wins this year, but that doesn’t bother all-around star Faith Blamono. This season, Blamono has taken the crown as the team’s best and most consistent performer.

“My goal for this season is to help the team win our division, break our school record (in the javelin) and compete in the meet in Atlantic City,” says Faith.

Well, after one week, Faith might have to rewrite her season goals because she has already broken the school record with a throw that most in track vernacular would call an “absolute bomb.” At the Hall of Fame Relays at Maple Shade on Saturday, April 7, Faith’s second throw obliterated the 128-foot record of Aliksen Vetter when she hit 135 feet, six inches.

To those unknowing of track, breaking a school record is quite an accomplishment. But, in Faith’s case, the throw broke her personal record by 13 feet and was the best throw in the state up to that point and the ninth-best throw in the entire country.

And considering Faith’s prowess in the shot put, the team will be counting on her for many points this outdoor season. The team will also look to senior Christina White in the sprints and jumps to fill in for Kobolak and score a lot of points in those events.

In the throws, as good as Blamono is, her partner of three years, Kate Forte has excelled at the javelin as well and also is pretty adept at the shot put. Sophomore Sam Stepnowski will lead the girls and five seniors. We will rely heavily on our young talent, so the learning curve will be steep,” says Mr. Moore.

This season will prove to be a building block for future track excellence in Cinnaminson. Overall, the girls track team this season are going to win the division for the fourth year in a row. The girls’ coaches have consistently been very caring and committed to the team and are there to work the girls hard and encourage them to have fun. The girls’ team this year, along with boys track, is also fairly young, but they are just as able and talented as previous teams.

The key to any great athlete is coaches and the girls track team has head coach Derek Moore and assistants Tim Callinan and Josh Zagorski to help them throughout the season.

Faith goes on to compliment the girls’ throwers saying, “The girls’ coaches are great at what they do. They are always helpful and seem to know what they are talking about. Also, I feel like they really do care about us and want us to better, which is very important to me.”

Being a senior, Faith will be leaving CHS after this year. Faith will “…miss the friends I’ve made over the last few years, throwing with Kate Forte who pushes me and people like Danielle Macey who are just plain fun to be around. I’ll also miss the coaches, there’s no guarantee I’ll be coached by such genuinely good people who always look out for me again.”

Young Track Team Looks to Rebuild for Future Years

by Sean Gallagher '14
Staff Writer

While not losing a dual meet for six years, the boys’ track team has been a mainstay of consistency and excellence for Cinnaminson High School. But, in every great run, there is an ending, a final point where the team will have to rebuild and reshaping for the future.

And this year, the end to the great run for the boy’s spring track team came in resounding fashion when Holy Cross thumped the boys 97-43 in their first dual meet on April 3. But, all is not lost for the boys. There is talent, especially in the distance events. Led by head coach Dan Fourney, a distance specialist and one of the top cross-country coaches in the entire state, the boys have a solid group of runners. The distance runners’ captain, senior Andrew Stewart, is very confident in himself and his team this year. Stewart has set some important goals for this season, hoping to win the county open, qualify for the state meet as well as the meet of champions. Being a senior, this is Stewart’s last year of high school track.

“This year, I’ve started weight training and overall I’ve been working harder than I have in the past,” says Stewart. “Over all, as a track athlete you have to have the right mindset. You have to work hard and you can’t stress out over races. You have to enjoy the little things like dodge ball Wednesday and conversations during runs,” he continues.

Stewart is sad to be ending track after this year claiming that, “Competing in track is what I’m going to miss most about high school. I’ll still be following the sport and looking up results after I graduate.”

As for the future of the track team Stewart says, “We are definitely going to improve as a whole every meet because we are such a young team with a lot of newcomers.”

As a track coach of 18 years, Mr. Fourney has some important guidelines for his athletes that he continues to employ.

Mr. Fourney says, “Have respect for your competitors and for the uniform that you are wearing. When you have that “C” on your chest you are not only representing yourself but also your school and coaches so be classy whether winning or losing.” About the team this year, Mr. Fourney says, “The team has some fine athletes that have a lot of potential. The key in the spring is to keep those kids (especially seniors) focused and working hard toward their goals that they have set for the season.

Senior Joseph Calendo, a sprinter, is also focusing on improving to be the best athlete that he can be in his final year. In order to achieve greater success, Calendo has been “…taking the workouts more seriously and pushing myself to get the most out of them.”

Calendo also feels that his increased time going to the gym and a healthier diet has helped him as well. On this season, Calendo says, “We came into the season knowing our team was lacking in depth. Despite this hurdle, I believe our coaching staff will continue to lead us on the right track. I believe our success can be contributed to the dedication of our coaching staff.”

The boys will be led by Stewart and Calendo, but also by the junior distance running duo of Chris Weist and Kevin Wright. Senior discus thrower Sam Ekwonike returns for the throwers and will help to guide freshman Ryan Addelsberger through a smooth transition into high school throwing.

But the deepest and best part of the track team will be the senior pole vaulters, led by Ben Magness. Austin Noreen and Matt Geib lend depth to the strongest part of the team and will help sophomore Ryan Lilley learn the ropes.

However deep the team is, pole vaulting is only one event during a 16-event meet and this is the toughest part for the Pirates this season. Last season, the Pirates had two good sprinters and a great jumper along with solid distance runners who could compete and win most of the sprints, jumps and distance runs. This is not even including one of the best throwing teams in South Jersey CHS boasted last year.

But, 2012 is a new year, a rebuilding year for CHS and one where good coaching will again have to set the bar for great accomplishments for the future.
Boys Lacrosse

Lacrosse Programs Face Challenges with Road to Success

Heather Porrini. They are last year, Liana Newton and the "juniors are experienced coach Garbe believes that Despite the lack of seniors, team doesn't quite know what to expect this year. With a new season just starting, the softball team doesn't quite know what to expect this year. Despite the lack of seniors, coach Garbe believes that the “juniors are experienced and great leaders”. The softball team lost two key seniors from last year, Liana Newton and Heather Porrini. They are hoping this loss won’t cause a dramatic change in their record this year. Although coach Garbe is nervous about this year, she says, “It is exciting to know we will have the same team for two years.” Many young players have been taken up to varsity to fill key positions. Starting pitcher is sophomore Holly Brown, while the number two pitcher is a freshman, Shannon Profy. Although the team suffers in experience and age, Garbe believes that they have a good chance in winning. She says, “The team works hard in the off-season to prepare for our season and comes out every day ready to play and win.” She has confidence that these girls will play the best to their ability. When asked what her favorite thing about coaching is she said, “I love the level of competition and skill level of the girls.” The softball team has a tough season ahead of them. Beating their rivals Delran and Holy Cross, a tough task for any Cinnammonin baseball team. One key to the season will be the play of the underclassmen on the team. The softball team hopes to come together despite numbers

by Megan Morris ’15 Staff Writer

Softball Team Hopes to Come Together Despite Numbers

With a new season just starting, the softball team doesn’t quite know what to expect this year. Despite the lack of seniors, coach Garbe believes that the “juniors are experienced and great leaders”. The softball team lost two key seniors from last year, Liana Newton and Heather Porrini. They are hoping this loss won’t cause a dramatic change in their record this year. Although coach Garbe is nervous about this year, she says, “It is exciting to know we will have the same team for two years.” Many young players have been taken up to varsity to fill key positions. Starting pitcher is sophomore Holly Brown, while the number two pitcher is a freshman, Shannon Profy. Although the team suffers in experience and age, Garbe believes that they have a good chance in winning. She says, “The team works hard in the off-season to prepare for our season and comes out every day ready to play and win.” She has confidence that these girls will play the best to their ability. When asked what her favorite thing about coaching is she said, “I love the level of competition and skill level of the girls.” The softball team has a tough season ahead of them. Beating their rivals Delran and Holy Cross, a tough task for any Cinnammonin baseball team. One key to the season will be the play of the underclassmen on the team. The softball team hopes to come together despite numbers

Lacrosse Programs Face Challenges with Road to Success

by Justin Redziniak ’12 Sports Editor

Boys Lacrosse

With the second season of the boys’ lacrosse program underway, the team has endured many changes from last year, most significantly their advancement to a varsity level. Last year, the team only played at the junior varsity level and finished with a 6-4 record.

“Varsity is a step-up from last year. My main goal this year is to build a solid foundation for the lacrosse program as a whole,” says Coach Angelini.

Mr. Angelini will be coaching both the varsity and the junior varsity teams; the varsity team will play 12 games and need .500 to make the playoffs while the JV team will have three games.

“Right now it’s not about wins and losses as much as trying to teach the game to the players, and if wins come, then that will be good, but the main concern is teaching the fundamentals and building a base, rather than just caring about winning.”

This year’s team is younger then last years, with many first year players; however some two year players will certainly carry the team. The team’s youth can be seen in their captains; Juniors John Caruso, Wesley Perkins, and Jake Kemble.

“I think the largest challenge this year will be the new players getting up to speed with the game and moving up into a varsity schedule. The better competition will make the kids from last year step up and show the new players how the game works”, says Junior Captain John Caruso. The team will face many difficult teams, programs that they have never faced before. Large schools such as Lenape, Seneca and Cherry Hill West are on their schedule. Moorestown has one of the strongest lacrosse programs in the state, and will be a challenge.

“Ryan Lewis (sophomore) needs to step up the most in order to try to keep us in games, as he will be defending our net,” says Angelini. “As always we will rely heavily on John Caruso to run the offense and produce goals for our team.” From the looks of it, this year’s young and inexperienced team has a challenging road ahead.

Girls Lacrosse

This year the Cinnammonin Girls team is looking to improve. The Lady Pirates lost only one senior from last year and look to rely heavily on their varsity experience from previous years. A major difference from last year’s team however, is a coaching change. Laura Rickus is now the head coach for the team, taking over for Jackie O’Flynn. The ladies had a tough schedule before them, facing difficult opponents such as Moorestown, a team that is ranked among the nation’s best teams.

In the Pirates’ first game against Northern Burlington, the Ladies suffered a one point loss, but came back strong against Rancocas Valley with a 15-11 win. Senior captains Morgan Scott, Chelsea McDowell and Allie Greenfield lead the team.

“I think our biggest rival is Holy Cross because they’re talented and it’s going to be our most competitive game,” says captain Morgan Scott.

The Lady Pirates will certainly get their opportunities against Holy Cross, playing them early in the season and then again on May 11th.
Unseasoned and Untested, Tennis Team hopes for BCSL Championship

by Justin Redziniak ’12

Success is something that this years Cinnaminson High School Boys Tennis team is looking for, and early on in the season, they have found it. The Pirates have soundly defeated opponents such as RV, Palmyra, and Florence. Unmatched are not unheard of in previous season for the tennis squad, however the main goal is to win the BCSL tennis tournament.

“We have a lot of younger guys this year, only one senior and it’s his first season as well, but this is also our first time as the preseason favorite to win the BCSL,” says Coach Mike Perekupka.

The team will certainly have to lean on returning Captain Steve Blatz to carry the team. “The player that will have the largest impact is Steve Blatz, this is his second year as our number one and he is also our captain as a junior so we expect him to play better than last year,” says Perekupka.

Yet a difficult path lies ahead, as the team will collide with rivals Moorestown, Florence, and Delran. “Our biggest division rivals this year will be Florence and Delran, they have returning players from last year. We have a very high expectations this year. We think that with this team we can win a state championship. Year of the cat,” says Coach Spier. Big things are expected of returning varsity starter Kyle Pot- tieger. Last year he was forced to beat the senior competition out, but this year he will be one of the anchors of the team.

“I think that if we come together we can be a lethal team, but our chemistry will be very important,” says Pottieger. “We just have to take every game seriously, and hopefully when the playoffs come around, we will be playing our best volleyball.”

With a powerful team and tons of young talent, a state championship is certainly within grasp.

Golf Returns with Confident Team

by Justin Redziniak ’12

This year, the Cinnaminson High School’s Golf team is looking to improve and make a statement. Suffering the loss of only a few seniors, the team returns with a varsity roster only looking to make some noise.

Senior Kenny Jones believes that the possibilities are endless, with a plethora of talent and depth. “This year we have a very talented top six. During previous years we have always struggled to find a fifth and sixth man. This year with the two freshmen David Gall and Matt Haddon we found a very solid top six.” The Pirates will need all the help they can get, as the division they compete in, is never an easy one. Difficult matches will come against rivals Holy Cross, Delran, Bordentown, and Burlington. However, Jones thinks that they themselves are the only ones who really stand in the way. “I would have to say our biggest rivals this year is ourselves. If we can play to our potential we can easily win the conference and compete in every tournament we enter.”

Coach Rick Masi has equally high expectations for his team. “This year I think we have a very valid chance to become conference league champions.”

Another challenge for the Cinnaminson golf team will be qualifying for states. “My biggest challenge is being able to qualify for states. It’s my last year to qualify so I need to play consistently. Along with me we have five other kids that will be able to shoot state qualifying rounds this year,” says Jones.